

August 2024 Walking Times



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7am-8pm	2 7am-8pm	3 7am-8pm
4 7am-8pm	5 7am-8pm	6 7am-8pm	7 7am-8pm	8 7am-8pm	9 7am-8pm	10 Closed
11 7am-8pm	12 7am-8pm	13 7am-8pm	14 7am-8pm	15 7am-8pm	16 7am-8pm	17 7am-8pm
18 7am-8pm	19 7am-8pm	20 7am-8pm	21 7am-8pm	22 7am-8pm	23 7am-8pm	24 7am-8pm
25 7am-8pm	26 7am-8pm	27 12pm-8pm	28 7am-8pm	29 7am-8pm	30 7am-8pm	31 7am-8pm



Fall Program Registration

Residents: Mon Aug 26 @ 7:30am

Non-Residents: Fri, Sep 6 @ 7:30am

Schedule subject to change without notice

Visit www.kaltireplace.ca

Walking Etiquette

When using the facility for your walking convenience ; please consider staff and other users while on the concourse. Here are a few simple guidelines to follow:

1. Share the concourse: DO NOT walk 3-4 abreast. When walking with a friend, be alert to others who need to get around you and maneuver into single file to allow them to pass easily.
2. Follow the given direction for the day. Direction arrows are posted on posts 'C', 'G' and 'E' for walking Inside or you may walk in the lower parking lot outside.
3. DO NOT walk right on the outer perimeter as the risk of collision is high. Doors open unexpectedly and no one wants to be injured.
4. Use proper waste receptacles for any wrappers or empty drink containers.
5. NO RUNNING IS PERMITTED

DISTANCES:

INSIDE: 1 Lap around the concourse = 800 feet

4 laps = 1 kilometer 7 laps = 1 mile

OUTSIDE: 4 laps around back half parking lot = 1 kilometer

1 lap around building & entire back parking lot = 1 kilometer

Management and Staff reserve the right to ask people to leave if not adhering to these guidelines.